

**Bo Tkach
Foundation**

Turkey Trot



**Get out and get some exercise
before eating that big
Thanksgiving meal while helping
to improve the future of our
youth.**

Bo Tkach Foundation 5K Turkey Trot

@ The Palmerton Park in Palmerton, PA

For more information on the foundation visit www.botkach.com

Thanksgiving - November 28, 2024

Registration from 8:00 a.m. to 8:45 a.m. Race starts promptly at 9:00 a.m.

For registration questions please contact **The Jim Christman Team 610-826-8100**

WHO: Runners (and walkers) of all ages. Gather your family, friends, and co-workers.

WHERE: Starts in the Palmerton Park - 3rd Street and Delaware Avenue, Palmerton, Trot proceeds through the scenic town of Palmerton.

REGISTRATION: Early **DISCOUNTED ONLINE ONLY** registration fee is **\$25 for adults and \$15 for youth** (12 and under) which includes a t-shirt. **FULL PRICE PAPER** registration **\$30 for adults and \$15 for youth**. Early registration closes October 27, 2024. After October 27th registration will be **\$35 for adults and \$20 for youth**, t-shirt not guaranteed.

PLEASE BRING A NON-PERISHABLE FOOD ITEM FOR THE LOCAL FOOD PANTRY (no glass)

AWARDS: Top male and female overall, top 3 males and females in each age category: 13 and under, 14-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+

Packet pickup: at **The Jim Christman Team Office - Keller Williams Real Estate 362 Delaware Avenue, Palmerton**
Saturday, November 23rd - 9:00 a.m. to Noon & Monday, November 25th & Tuesday, November 26th - 9:00 a.m. to 5:00 p.m.

Registrations should be mailed to: **The Jim Christman Team 362 Delaware Avenue, Palmerton, PA 18071**
or through <https://www.pretzelcitysports.com/online-registration>

Name: _____

DOB: _____ **Age (on Race Day)** _____

Address: _____

City/State/ Zip: _____ **Phone:** _____

E-mail address: _____

T-shirt size: Youth: S M L Adult: S M L XL XXL

Sex: M F

***WAIVER/RELEASE:** I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to The Bo Tkach Foundation, the Borough of Palmerton, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running/walking in this event including, but not limited to: falls; contact with other participants; the effects of the weather; including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.*

Signature: _____

Date: _____

Parent/Guardian if under age 18 _____

Date: _____

Make checks payable to Bo Tkach Foundation. Additional Donation: \$ _____ Total Enclosed: \$ _____